



# 1-Day Level II Concealed Carry Course

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This course is limited to personal holding a valid State of North Carolina (or NC accepted) Concealed Carry Permit and who are physically capable of full range of motion and a high level of exertion. The course will consist of approximately one half hour of classroom instruction on firearm safety and a review of relevant North Carolina Statutes. Classroom instruction is followed by three hours of interactive Krav Maga self-defense training that focuses on techniques designed to disrupt an attacker and allow time for escape, or if necessitated, create stand-off for the presentation of a concealed firearm. The Krav Maga portion will include everyday type items that can be utilized as weaponry and incorporated into real life type encounters (i.e., grabbed from behind, by the arm, pinned against a wall, etc.). After a recess for lunch, the Krav Maga training will be followed by three hours of range fire that includes a number of drills and firing positions best suited to potential real-life shoot/no shoot encounters. The remaining hour and one half will be scenarios that unite the Krav Maga and range fire training through the use of the inert Shot Indicating Resetting Trigger (SIRT) Training Pistol. Class size is limited to 12 students

**Course Objective:** To better prepare the concealed weapon carrier with the knowledge, mind-set, and techniques of self-preservation if confronted with a life-threatening situation.

## **Enabling Objectives:**

- Understand and apply the general rules of firearms safety
- Be capable of verifying safe, and properly demonstrate the safe unloading, loading, clearing stoppages and operation of their personally owned firearm
- Gain a better understanding of Situational Awareness and the Psychological / Physiological reactions to a life-threatening situation
- Become proficient with basic Krav Maga techniques to disrupt an attack from the front, rear, and sides
- Utilize improvised weaponry (i.e., pen, keys, everyday type items) to disrupt an attacker
- Gain proficiency in presenting a concealed firearm from a concealed carry configuration and holstering (e.g., from under clothing, jacket, handbag)
- Gain proficiency in presenting and firing with one hand while utilizing the other hand to gain stand-off/disrupt attacker
- Conduct shooting from a seated/holstered position; shooting from the ground on the back
- Participate in scenarios with simulated weaponry involving a variety of imminent danger situations (e.g., shoot/no-shoot) and within the constraints of the law
- Gain an understanding of firearm carry mode, pistol concealment and cover garments

**Ammo requirements (Student Furnished):** 200 rounds of pistol ammunition per person.

**Prerequisite:** A valid State of North Carolina (or NC accepted) Concealed Carry Permit and recent practice fire with the handgun the student will bring to class.

**Training schedule:** Show time is 7:30 am with instruction starting at 8:00 am and ending at 5 pm. A one hour period is allotted for lunch.

**Individual equipment (Student Furnished):**

- Semi-auto pistol with a minimum of 2 magazines /or revolver with 2 speed loaders / speed strips
- Holsters, magazine/speed loader pouches
- Strong belt that will support the holster
- Firearm carry medium of choice, e.g., purse, holster, etc.
- Loose fitting slacks, shirt, jacket similar to what you normally wear
- Athletic type footgear
- Cover Garment (jacket or vest)
- Rain or inclement weather gear
- Eye and ear protection (clear and shaded lens are recommended)
- Water/Snacks/Bag Lunch
- Hat/Gloves
- Sun screen (non-greasy or water resistant recommended)
- Towel, facial wipes, extra T-shirt (you will get sweaty)

**Course includes:** 8 hours of instruction and a certificate of completion.

**Cost:** \$295 tuition fee. Ammunition is available for purchase at our Pro-shop. Please call ahead to ensure we stock the type of ammunition your firearm requires.

*\* We recommend you wear the same type of clothing and bring the same firearm and holster and/or accessories that you normally utilize to carry concealed and don't mind getting dirty or damaged*

*\* If you have physical limitations that may concern your ability to participate, please contact either David Cook or Steve Swierkowski to discuss further.*